



2012 Polar Bear Plunge “Freezin’ for a Reason” Saturday, February 4, 2012 Team Challenge



Be a fan of team spirit. Join in the fun by taking the plunge as a team!
This is a great team-building experience for your organization, faculty and/or sports teams!

WHO: Individuals, Clubs, Organizations, Sports Teams or Faculty

#1 – Use the plunge as a “Team-building” activity for organizations at your school or business

- ✓ Gain team-building skills as your team or department works together to meet a goal for the plunge.

#2 – See which team, club, department, organization, etc., can raise the most funds for Special Olympics York County! This can be accomplished several ways:

- ✓ Choose one member to represent his/her team or department and have all the members collect pledges to support that one person (good way to have a coach plunge!)
- ✓ Have each team member or department member collect pledges and then take the plunge together! It’s more fun with friends!
- ✓ Take a digital photo of each team or department; attach it to a can for pledges and see which team or department raises the most money!
- ✓ Have each team or department come up with a theme, design costumes to be worn to the plunge and compete in the “Bear Country” competition!

Team Regulations:

- Each team member must fill out the necessary forms to participate
 - Liability Waiver Form
 - Registration Form
 - Sponsor Form



Team Fundraising Tips:

- Solicit contributions through family, friends, co-workers, etc.
- Organize a dress down day at work.
- Set up donation buckets with pictures of individuals, team, department, etc. The amount of money in each bucket determines how far the team must enter the water! For example, minimum entry could be set at shin level and maximum entry could be at waist level, OR set your own!

