

# SPECIAL OLYMPICS YORK COUNTY TRAINING SCHEDULE FOR 2019 TRACK & FIELD



## **SATURDAY MORNINGS!**

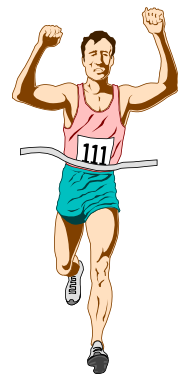
*Time: 9:30 – 10:45am*

*Wheelchair Athletes: 10 – 10:45am*

**FEB. 16 & 23**

**MAR. 16, 23 & 30**

**APR. 6, 13 & 20**



ALL PRACTICES HELD AT  
***BALLYHOO SPORTS ACADEMY***  
***at Heritage Hill Athletic Club***  
***2810 E. Prospect Road, York, Pa. 17402***

**ALL ATHLETES MUST HAVE A VALID MEDICAL ON FILE WITH SPECIAL OLYMPICS YORK COUNTY TO PARTICIPATE WITH THE TRACK & FIELD PROGRAM.**

PROPER CLOTHING (SNEAKERS, SWEAT PANTS or SHORTS) IS MANDATORY FOR ALL ATHLETES, COACHES AND VOLUNTEERS.

**NO HARD SOLE SHOES, JEAN SHORTS OR JEAN PANTS!**

*IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT  
SPECIAL OLYMPICS YORK COUNTY AT 846-1881.*

FOR CANCELLATIONS DUE TO INCLEMENT WEATHER,  
***CHECK THE CLOSING, DELAYS & CANCELLATIONS LISTED ON  
WGAL, CHANNEL 8, or WGAL.COM***

***ALL ATHLETES MUST HAVE A VALID MEDICAL ON FILE WITH SOYC AND  
ATTEND AT LEAST 1/2 OF THE SCHEDULED TRAINING SESSIONS TO QUALIFY  
FOR MEDAL EVENTS AT SPRING GAMES.***

***SPRING GAMES: MAY 4th  
YORK COLLEGE OF PENNSYLVANIA***