

**SPECIAL OLYMPICS YORK COUNTY  
TRAINING SCHEDULE FOR 2019  
TRACK & FIELD**



**BALLYHOO**  
SPORTS ACADEMY AT HHAC

**SATURDAY MORNINGS!**

***Time: 9:30 – 10:45am***

**FEB. 16 & 23**

**MAR. 9, 16, 23 & 30**

**APR. 6, 13 & 20**



**ALL PRACTICES HELD AT  
*BALLYHOO SPORTS ACADEMY*  
*at Heritage Hill Athletic Club*  
*2810 E. Prospect Road, York, Pa. 17402***

**ALL ATHLETES MUST HAVE A VALID MEDICAL ON FILE WITH SPECIAL OLYMPICS YORK COUNTY TO PARTICIPATE WITH THE TRACK & FIELD PROGRAM.**

**PROPER CLOTHING (SNEAKERS, SWEAT PANTS or SHORTS) IS MANDATORY FOR ALL ATHLETES, COACHES AND VOLUNTEERS.  
NO HARD SOLE SHOES, JEAN SHORTS OR JEAN PANTS!**

***IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT  
SPECIAL OLYMPICS YORK COUNTY AT 846-1881.***

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER,  
*CHECK THE CLOSING, DELAYS & CANCELLATIONS LISTED ON  
WGAL, CHANNEL 8, or WGAL.COM***

***ALL ATHLETES MUST HAVE A VALID MEDICAL ON FILE WITH SOYC AND  
ATTEND AT LEAST 1/2 OF THE SCHEDULED TRAINING SESSIONS TO QUALIFY  
FOR MEDAL EVENTS AT SPRING GAMES.***

***SPRING GAMES: MAY 4th  
YORK COLLEGE OF PENNSYLVANIA***